

# **NORTHPOINT CHRISTIAN SCHOOL**

## **ATHLETICS HANDBOOK**

### ***Mission Statement***

The mission of Northpoint Christian School athletics is to

- honor God
- reflect excellence
- develop champions for Christ.

### ***Philosophy***

Northpoint Christian School athletics is committed to maintaining the goals and standards set forth by the school and its administration. We believe athletics is an excellent tool to be used for God's glory. Northpoint Christian School's approach to athletics will stem directly from God's Word. As a result, we are seeking to develop the physical and the spiritual life of the athlete.

Northpoint Christian School athletics honors God by:

1. bringing glory to the name and reputation of Jesus Christ. (I Corinthians 6:20, Matthew 5:16)
2. growing in Christ through competition. (II Chronicles 15:7)
3. ministering to a team member or opponent. (II Corinthians 6:20, I Timothy 2:1, I Peter 5:2)
4. submitting properly to all authority. (Romans 13:1, I Peter 2:13)
5. being humble in victory. (Philippians 2:3, Luke 14:11)
6. bringing attention to team not self. (Philippians 2:4)
7. leading someone to Christ as the result of their testimony on the field or court. (Isaiah 55:11)
8. exercising respect toward the facilities with which we have been blessed. (Matthew 25:21)

Northpoint Christian School athletics reflect excellence by:

1. presenting genuine Christian testimony to fans and opponents. (I Thessalonians 4:12)
2. giving the maximum effort mentally, emotionally, physically, and spiritually in every competitive experience. (Galatians 6:4)
3. exhibiting Christ in our daily lives. (I Peter 2:9)
4. knowing that our actions in competition affect the reputation and testimony of our school and Jesus Christ. (Colossians 4:5, Proverbs 20:11, Psalm 69:6)
5. conducting ourselves as role models to exhibit leadership that honors Christ through appearance, actions, and attitudes. (I Timothy 4:12, I Peter 2:12)
8. providing and maintaining our facilities. (Proverbs 21:20, 24:3, Matthew 25:21)

Northpoint Christian School athletics develops champions for Christ by:

1. reaching the unsaved for Christ. (Acts 1:8)
2. building Christ like character. (Romans 8:29, II Corinthians 3:18)
3. teaching the principle of team support and care for team members and opponents. (John 13:35, Philippians 2:2)
4. training our athletes physically that they may possess a "healthy temple" for God's glory. (I Corinthians 6:19, 9:27)
5. integrating spiritual growth through competition. (Romans 8:29, James 1:4)
6. introducing our students to the fun and joy of participation. (I Corinthians 12:26)
7. developing life principles through athletics. (I Timothy 4:8, Hebrews 12:1)

## **PURPOSE**

### **Elementary (K4-4<sup>th</sup>)**

Participation is the key for athletics at this level. We set goals of excellence but don't assume anything about skill levels. We encourage all students with an interest to participate and, with certain activities, simply structure it to include every student in a grade.

### **Lower Middle (5<sup>th</sup>-6<sup>th</sup>)**

This level is transitional between goals of participation and competitive excellence. The key word is developmental. We maintain and sharpen goals of excellence while acknowledging that these students are in rapid changes of maturity and ability. We want to develop their interest while also developing their skills in those activities.

### **Upper Middle (7<sup>th</sup>-8<sup>th</sup>)**

This next transitional stage will begin to focus more on the competitive side of the sport. We will honestly communicate with students about their current ability level—having tryouts to determine distinctions. This level is preparing the athlete to advance to the high school level with a correct understanding of the competitive nature of sports but keeping in mind the skills that need to be sharpened. Playing time is not guaranteed, but as coaches, our desire will be to give every participant an opportunity to participate in the games.

### **High School (9<sup>th</sup>-12<sup>th</sup>)**

The primary goal at this level is competition. Programs are structured to encourage individual skills development along with team play. Teams will be kept at a manageable size. Should tryouts be inevitable, coaches will prepare criteria to support final decisions. Expectations for team membership will be clearly articulated prior to final selection of the team. Every effort will be made to be as positive as possible with the students during the tryout period. Playing time is not guaranteed, but as coaches, our desire will be to give every participant opportunity to participate in the games.

## **ELIGIBILITY REQUIREMENTS FOR STUDENTS TO PARTICIPATE IN SPORTS**

A. Participation in competitive interscholastic activities as a part of Northpoint Christian School's athletic program is a privilege and not a right. The eligibility rules are designed to promote the educational and spiritual values derived from participation in interscholastic activities. These requirements are aligned with the TSSAA. Athletes at Northpoint Christian School should maintain the same academic standards required of all students in the school. Ultimately, the success in the classroom of students is determined through their willingness to accept responsibility for their efforts. Coaches also have a responsibility in this process. They are to encourage players to seek academic excellence in the same manner they pursue excellence in athletics. During the course of a season, coaches will closely monitor the grades of their athletes. If at any time an athlete is failing two courses, he or she will be placed on academic probation until the next reporting period.

If the student is still failing at the end of the probationary period, he/she will be ineligible to practice or compete until the next reporting period. If the grade is still below failing, further consequences, including suspension of activity for the rest of the season, will follow as determined by school administration.

B. Students wishing to participate in interscholastic activities shall have the opportunity to become eligible for these activities when they meet ALL eligibility rules. They will remain eligible for the opportunity to participate provided they do not: (1) exceed any limitations, (2) fail to meet any minimums, or (3) violate any other rules of the TSSAA. They may, however, regain their opportunity to participate at a later date by correcting any deficiencies that caused the ineligibility.

## **Rules:**

1. A student participating in interscholastic activities must be a bona fide student of the school. A bona fide student is one who has not graduated from a high school and who is enrolled in and attending regularly.
2. In any year that a student engages in interscholastic competition the student athlete must present the coach a physical examination verification prior to beginning practice.
3. A senior high student is not eligible for interscholastic participation if the student's 19th birthday is on or before September 1.
4. A student is limited to eight consecutive semesters of opportunity for high school eligibility beginning with the student's first enrollment in the ninth grade.
5. If an eighth grade student competes for the junior high, the student may then compete for the senior high after the completion of that junior high sport season. An eighth grade student may not compete for the senior high and then return and compete for the junior high in the same sport.
6. All transfer students must meet TSSAA transfer eligibility requirements before participating in any sports at Northpoint Christian School.
7. A ninth through twelfth grade student must pass SIX credits to be eligible to participate in High School athletics. An eighth grade student who is promoted to ninth grade will be immediately eligible.
8. Coaches may establish additional probationary restrictions for academic performance or behavioral conduct.
9. A student who is a member of a school's athletic team and who has engaged in interscholastic competition may not try out for, practice with, or otherwise participate with, or be a member of a non-school athletic team in the same sport, in season. This limitation shall apply to the team sports of football, basketball, volleyball, baseball, softball, and soccer. Participation on a non-school athletic team in the same sport, in season, shall define in season as TSSAA established beginning date until the end of the state tournament in that sport for grades 9-12 in the sports of football, volleyball, basketball, baseball, and softball.
10. Students who do not attend school at all on the day of any school sponsored activity may not participate in that day's school activity. A student must be present for four full periods to participate in extracurricular activities, unless excused in advance.
11. A student who is on suspension may not participate in any school activities during the suspension period.
12. Recruitment of an athlete by anyone is expressly prohibited by the TSSAA and Northpoint Christian School. \* Parents and students are encouraged to talk to a coach or the director of athletics concerning any eligibility questions. Only a student who is on an eligibility list may participate in any contest. Eligibility lists should be turned in by the team coach no later than the end of the first week of practice.

## **BEHAVIORAL REQUIREMENTS**

(Also see Athlete Code of Conduct)

- Service – Must be cooperative, courteous and considerate of others and of the general welfare of the school.
- Dependability – Must be truthful, loyal and punctual.
- Leadership – Must display appropriate personality, self-control, ability and willingness to assume responsibility.
- Citizenship – Assumes a 24-hour daily citizenship responsibility of unquestionable integrity in behavior and conduct.
- Athletes for Northpoint Christian School are representatives for our school. Athletes must be careful to behave in a manner that does not disgrace the integrity of the school. This includes, but is not limited to, things that are said and/or posted on internet sites such as Facebook, myspace, etc.
- Conduct – Behavior both in and out of the athletic arena should be such as to demonstrate our commitment to a Christ-centered program.
- The use of drugs, alcohol or tobacco will not be tolerated at Northpoint Christian School. The results of doing so on or off campus may evoke immediate dismissal from the team on which the athlete is presently participating. The student athlete will be allowed to try out for the next seasonal sport on a probationary status. If a second offense occurs, dismissal from athletics at Northpoint Christian School for the remainder of the school year will be invoked.

## **PRACTICES**

Northpoint Christian School athletic teams shall not practice before the dates established by the TSSAA. All practice standards shall be followed to uphold the integrity of the relationship with the TSSAA.

Wednesday practices must be over by 5:30 pm and there will be no practices on Sunday.

## **PARTICIPATION IN MULTIPLE SPORTS**

Athletes and cheerleading members may participate in two sports during the same season, with approval of both coaches. The student is required to choose one primary sport, which will take precedent over the other activity in case of conflict. Both coaches involved should meet with the athlete and his/her parents before the season to have an understanding of what is in the best interest of the athlete involved.

## **PHYSICAL EXAMS**

The school shall require of each student participating in athletics a physician's certificate stating he or she is physically able to participate in athletic contests of his or her school. Physical exams can be administered by any physician; however a Northpoint Christian School exam form must be used with permission information completed.

## **USE OF FACILITIES**

All events or teams wishing to schedule use of facilities must consult with athletic director's office which will confirm with campus operations space and availability. A staff person or approved volunteer must be present when any school facility is being used. Anyone wishing to conduct camps or tournaments in gym or athletic field must receive permission from the athletic director of Northpoint Christian School and complete the proper paperwork.

## **WEIGHT ROOM POLICY AND REQUIREMENTS**

1. The weight room will not be used without prior permission from the Northpoint Christian School Athletic Director, Strength/Training coach, or a Northpoint Christian School on staff coach.
2. Junior High student athletes will only be allowed in the weight room under the DIRECT supervision of a coach.
3. High School student athletes will be DIRECTLY supervised by a coach. Individual athletes may qualify to use the weight room without direct supervision by passing a weight room qualification assessment. This privilege, however, can be removed at any time. A non-qualified athlete CANNOT be in the weight room even with a qualified athlete. Non-qualified athletes MUST have a coach present in order to lift.
4. All Northpoint Christian School Junior High and High School athletes will be required to participate in an In-Season and an Off-Season weight program. Head coaches will hold their players accountable.

## **HEAT POLICY**

\*\*See attached TSSAA Heat Policy for Member Schools

## **TRAVEL AND HOTEL POLICY**

### **Travel Policy for all TSSAA Sanctioned Post-Season Tournaments**

When a High School team qualifies for post-season play, the following guidelines will be adhered to:

**Hotel** – The players/coaches will attempt to stay in a fully-enclosed hotel with no exterior doors from the individual rooms and one that offers a free breakfast. Students will stay four to a room and the cost of the hotel room is to be approximately \$100 per night. The school will pay for the hotel.

**Food** –The school will provide \$5 cash per meal for up to two meals a day to help off-set these expenses. This will be provided only during the days of the tournament events.

Travel –The school will provide transportation for the players to and from the tournament events.

### **Travel Policy for Non-TSSAA Sanctioned Tournaments**

When a team decides to play in a tournament that is NOT a TSSAA Sanctioned Post-Season Tournament, all fees and travel expenses will be paid for by the individual players.

### **Mileage Reimbursement for Coaches**

School transportation will be used to and from athletic events whenever buses are available. There will be no more mileage reimbursement for traveling to athletic events when school transportation is available. If, however, the bus is unavailable, Policy #24.3 will be followed.

### **STATE CHAMPIONSHIP RING**

Northpoint Christian School will provide \$75 per ring per player and coach.

### **TRANSPORTATION**

School transportation will be used to and from athletic events whenever buses are available.

### **MAXIMUM NUMBER OF CONTESTS**

(Varsity/ Junior Varsity) Excluding State Contests

- High School Football – 10
- Junior High Football – 8
- High School Volleyball –35 matches, 4 tournaments (Each tournament counts 3 matches)
- Junior High Volleyball – 14 matches
- High School Basketball – 24 games, 2 tournaments (Each tournament counts 2 games)
- Junior Varsity Basketball – 18 games, 2 tournaments
- 8th Grade Basketball – 18 games, 2 tournaments
- 7<sup>th</sup> Grade Basketball – 18 games, 2 tournaments
- High School Baseball – 30 games, 4 tournaments (Each tournament counts 3 games)
- High School Tennis – 16 matches, 2 tournaments (Each tournament counts 2 matches)
- High School Track – 11 dates (Each meet counts as one date)
- High School Golf – 14 dates
- Girls Soccer – 16 games, 2 tournaments ( Each tournament counts 2 games)
- Cross Country – 11 dates

### **QUALIFICATIONS FOR A VARSITY LETTER**

Athletes are awarded a letter if they participate in a sport the entire season and are in good standing when the season is complete. If an athlete is not able to letter due to injury or family emergency the coach may give the athlete a letter if he/she feels the athlete would have lettered under normal circumstances.

### **QUALIFICATIONS FOR RECOGNITION PATCH** (to be placed on letter)

### **FOOTBALL**

- Individual must play a minimum of twenty quarters out of a possible forty quarters.
- Individual who is hurt during the first five games but has been a starter or played the maximum number of quarters will receive a recognition bar.

## **TENNIS**

- Participant must compete in one/half of the varsity matches or place in the conference or district contests.

## **VOLLEYBALL**

- Individuals must participate in one/half of the total varsity games played by the team, while the player is an active member of team.

## **BASKETBALL**

- Individuals must participate in one/half of the total varsity quarters played by the team, while the player is an active team member.

## **TRACK**

- Individuals must earn ten (10) points or more for the season or place in the conference or the district meet providing there is one more contestant than places awarded.
- Individuals must work during the season for self-improvement as judged by the coach.

## **BASEBALL**

- Individuals must participate in 50 percent of the total varsity games played and make a significant contribution to the team.

## **SOFTBALL**

- Individuals must participate in 50 percent of the total varsity games played and make a significant contribution to the team as judged by the coach.

## **GOLF**

- Individuals must participate in at least half the varsity meets, as a varsity player.
- Individuals must shoot a score of 49 or less for a total of nine consecutive holes.

## **CROSS COUNTRY**

- Score 15 points on point system.
- Be a varsity runner in at least 70% of the meets.
- Run as a varsity runner in districts or state.

## **SOCCER**

- Compete in half of the total quarters in the regular season.

### **The following applies to all sports:**

Seniors not reaching the required participation may letter when the player has shown exceptional dedication for more than one season, there by contributing to the team performance. Upon qualifying for Post-Season play, all team members will letter for that season.

## **SPORTSMANSHIP**

- Coaches are to take whatever means necessary to insure good sportsmanship for their team and between opposing coaches and officials. We are committed to maintaining a favorable reputation in sportsmanship for our students and school.
- Coaches are expected to take appropriate action in cases of unsportsmanlike behavior even though officials may not do so.
- Fans that are abusive towards officials or other teams will be asked to leave the gym or field both at home and away.

### ***QUITTING A SPORT***

Any athlete who quits a sport during a team's season will not be allowed to work out or practice with another sport until that sport in season has concluded.

### ***TRYOUT POLICY***

In a sport that has a limited number of available spots, the tryout policy will be placed in effect.

The tryout policy is as follows:

- There will be a period of one week for all athletes to be observed.
- Ways for improvement will be offered by the coaches during this time.
- The coaching staff of that particular sport will make final decisions after careful, objective, and subjective evaluation.
- Upon reaching an agreement of a roster, the player(s) that are not included on the final roster will meet with the head coach individually.
- At this meeting students not selected will be encouraged to participate in an alternative program outside the school.
- This meeting will also be used to encourage the individual to try again the following season (other than seniors).
- These conferences will be held before final team numbers are made public.

### ***PURCHASE OF LETTERMAN JACKETS***

Letterman jackets may be purchased following the completion of a varsity sport's season (orders are made in the fall, all winter and spring letterman can order the following year.)

### ***PURCHASE OF VARSITY JERSEYS***

Senior athletes may purchase their jersey from the school if all of the following provisions have been met:

- All jerseys must be inventoried and present before any are sold.
- Jerseys must be available to match the existing ones.
- New jerseys must be ordered and paid for before old ones are released.

### ***SPORTS BANQUET AWARDS***

The following awards will be presented at the Sports Banquet:

- Male Athlete of the Year
- Female Athlete of the Year
- Trojan Award
- Jonathan Award
- Stephen Award
- Job Award
- Most Valuable Player for each team
- Most Improved Player for each team

### ***TEAM AWARDS***

Each team is encouraged to host their own banquet to honor individual team awards such as the Jonathan, Stephen, and Job Awards.

### **STANDARDS OF ACTIVITY PARTICIPATION ATTENDANCE ON DAY OF GAME**

In order to be eligible to participate in a practice or game, the student must be in school for four full periods on the day of the activity. Students who are absent are not allowed to participate in school activities without advance approval (i.e. funeral, required college interviews, etc.)

### **SCHOOL WORK**

Student athletes who must leave for a contest before school is dismissed are expected to turn in all assignments due (the day of the contest) to the teacher whose class they will miss. Student athletes are also responsible for work missed on that day.

### **PRACTICE ON OTHER THAN SCHOOL DAYS**

- Practices on Saturday and school holidays shall be voluntary and not compulsory (with the exception of two-a-day practices in August). There will be no mandatory practices after 5:30 pm on Wednesday night.
- Open gym may be held on Sunday afternoon on a voluntary basis.

### **TRANSPORTATION**

Students who ride school transportation to school events are to ride the bus on the return trip unless a parent personally notifies the sponsor or coach of different arrangements. (Notes or telephone calls are accepted before we depart from Northpoint Christian School).

- Students not riding a bus home will be allowed to return only with members of their immediate family or other specified adults. Students are not allowed to ride with other students.
- If a member of a group or team does not wish to ride a bus with the group to or from the event, the sponsor or coach may or may not excuse the member at their own discretion. (There should be good reason to consider such request.)
- Parents are to personally notify the coach or sponsor in person or writing following the completion of the contest if the team member is not going to ride the bus. (Teams, groups, etc. are encouraged to travel as a group to help insure all members are present when time comes to perform or play.)
- Any students who do not follow the above procedures will be reported to the athletic director.
- An expected discipline measure would be not allowing the student to play or participate in the next event.
- Members of teams or activity groups only will be permitted to ride the bus unless special permission is obtained from the athletic director.

## **PARENT EXPECTATIONS**

Parents are expected to respect coaches and school personnel as professionals. When a disagreement arises, the parents should talk to the coach involved to resolve the problem. If this avenue fails then, it should go through the chain of command (the Athletic Director and the President of the school). We ask that parents not confront a coach after a contest. If a meeting with a coach is desired, this may be scheduled by calling the coach or director of athletics. Parent conduct during games should be exemplary. Parents are expected to refrain from negative comments about officials and opponents. Parents who abuse the expectations of proper behavior may be asked to leave the premises and continued non-compliance will endanger the student's eligibility to participate.

## **NCAA INITIAL ELIGIBILITY CLEARINGHOUSE**

Many college athletic programs are regulated by the National Collegiate Athletic Association (NCAA), an organization founded in 1906 that has established rules on eligibility, recruiting and financial aid. The NCAA has three membership divisions: Division I, Division II and Division III.

Institutions are members of one division according to the size and scope of their athletic programs and whether they provide athletic scholarships. If you are planning to enroll in college as a freshman and you wish to participate in Division I or Division II athletics, you must be certified by the NCAA Initial-Eligibility Clearinghouse. The Clearinghouse was established as a separate organization by the NCAA member institutions in January 1993. The Clearinghouse insures consistent interpretation of NCAA initial-eligibility requirements for all prospective student-athletes at all member institutions.

*Your responsibility as a prospective student athlete:*

It is your responsibility to make sure the Clearinghouse has the documents it needs to certify you. These documents are:

1. ACT or SAT score
2. Grade Point Average (in core classes listed in the NCAA publication —Guide for the College-Bound Student)
3. Class Rank

*When to start the process:*

If you want to participate in Division I or Division II athletics, plan to start the certification process early, usually in your junior year of high school. The above requirements plus additional information may be found in the NCAA publication "Guide for the College-Bound Student-Athlete". This publication is available free of charge from the high school counselor. See the high school counselor for more information.

## **COMMUNICATION**

It is the desire of the athletic department to keep parents informed of all events, schedules and changes in an efficient and timely manner. A sports information department (SID) has been created to help with such communication. This department will be in constant communication with the individual sport coaches as well as the Athletic Director and Booster Club to provide current, timely information concerning the overall athletic program and sport specific information. The communication from school to parents will take place in three primary forms:

- The first being individual sport pre-season meetings. Each coach will set up a time for parents and athletes to get together as a group and talk about goals, expectations, schedules, etc. Attendance will be very important at this meeting as a great deal of information will be shared concerning the philosophy, practice times, game schedules, and communication channels.

- The second major communication tool will be the athletic area of our website. This site is located at: [www.ncstrojans.com](http://www.ncstrojans.com) —then click on Athletics. This site will contain the latest information concerning all sports that Northpoint Christian School offers as well as individual pages for each specific sport. This site will be one of the major sources of information concerning practices, games schedules, departure and arrival times for away games, game site directions, any changes in times or locations, game summaries, etc. This will become one of the primary tools the Athletic and Sports Information Departments uses to communicate information to parents. In addition to the website, those who have e-mail addresses will also be able to receive any pertinent information changes via e-mail as soon as it becomes available. This will be done for each sport, unless the change affects all athletes.
- The third communication tool that will be used will be the Sports Information Line. This will be a recorded message that can be accessed by calling 349-4961, ext. 404. This information line will provide the day's events and practice schedules. It will be updated immediately when any changes to the communicated schedule occur. This information line will also be updated when any of our teams are at away games to inform parents the anticipated campus arrival time. We hope the addition of our Sports Information Department will be helpful and useful to all Northpoint Christian School families involved in the athletic program. When information is needed, we encourage the parent to check the website first. The most complete and detailed information will be found on this site. If a parent cannot access the internet, then the next step would be to call the sports information line (349-4961, ext. 404). If the information that is needed cannot be found in either of these locations, then please feel free to contact the specific coach, Athletic Director, or Sports Information Department. The SID can be contacted via e-mail at [bgray@ncstrojans.com](mailto:bgray@ncstrojans.com) or by calling 662.349.5104.

## **RULES FOR EXTRACURRICULAR ACTIVITIES AND ELIGIBILITY REQUIREMENTS**

We have read and we understand the eligibility rules and the behavior rules expected of students and Northpoint Christian School parents:

\_\_\_\_\_

Student Signature

\_\_\_\_\_

Parent Signature

Date \_\_\_\_\_

## **ATHLETE CODE OF CONDUCT**

### **Our Speech**

*Colossians 4:6 "Let your speech always be with grace, seasoned with salt..."*

- Questionable language or —"slang" words will not be tolerated. The athlete will never engage in any language that can be termed —trash talking or use profanity or questionable slang.
- The athlete will address the coaches and officials with respect. The athlete will address the coach as "Coach" or "Mr., Miss or Mrs." and will take concerns or complaints directly to him or her. Insubordination and divisive speech or behavior will not be tolerated. The athlete will address officials as "Sir or Ma'am."
- Never criticize the officials or coaches. These people represent the authority figure, boss, parent, teacher and the law. Obedience to authority is not optional and is not predicated on whether or not you agree with it. All authority is God-given and disobedience to authority is obedience to God.

## **Our Relationships**

*John 15:12 "This is my commandment, that you love one another as I have loved you."*

- Develop relationships and a good rapport with teammates and coaches. God has placed you in this situation for a purpose. You have an opportunity to develop life-long friendships. If sports becomes all about you, you need not participate.
- Develop relationships and good rapport with classmates. Do not attempt to set yourself upon a pedestal. Your classmates will not respect or support you.
- Develop relationships and a good rapport with students from other schools. Never miss an opportunity to share Jesus Christ with others.

## **Our Unity**

*I Corinthians 12:12-13 "For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. For by one Spirit we were all baptized into one body..."*

- Develop unity within your team. "It is amazing what can be accomplished when no one cares who gets the credit." John Wooden
- Develop unity within our school family. God has called each one of us to this school. Each of us has different abilities and, therefore, different roles. Never be jealous or envious of someone else's role. Be busy fulfilling your role.
- Develop unity within the Kingdom. We must establish our philosophy with other schools in order for our ultimate purpose to be met – to further the Kingdom of God.

I have read and understand the Athlete's Code of Conduct and agree to abide by the principles and guidelines at all Northpoint Christian School sporting events. I fully understand I may not participate without a signed copy of this document on file in the athletic office.

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*Student's Name Printed*

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*Student's Signature*

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*Date*