

Northpoint Christian School

School Health Policies

The purpose of this policy is to outline the Northpoint Christian School's Health Office guidelines and re-opening of campus after the COVID-19 pandemic. These CDC guidelines have been carefully considered and adapted to address and promote the safety, health, and welfare of our students, faculty and community. Criteria may become more or less restrictive depending on most current guidelines.

When to stay home

Staff and students should be kept at home with any of the following symptoms regardless of diagnosis of COVID-19. Any students presenting to school with the following symptoms will be isolated and sent home. We ask that you do NOT medicate your student with fever reducing medications prior to school. This includes Acetaminophen (Tylenol), Ibuprofen (Advil and Motrin) and Naproxen Sodium (Aleve). Parents should keep their child at home if they have any of the following symptoms. If a child is behaving as though he or she does not feel well or feels feverish (feels cold, staying under blankets, shivering) or hot to the touch, the child should be kept home.

- Fever- a temperature of 100 degrees or feeling feverish
- A low-grade fever or temperature less than 100 degrees **with** symptoms
- Persistent cough or a child that is unable to cover mouth during coughing
- New, worsening cough
- Shortness of breath/difficulty breathing
- Generalized body aches or muscle pain
- Severe sore throat or white patches visible upon inspection
- Headache with associated symptoms
- New loss of taste or smell
- Severe cold symptoms including copious nasal drainage
- Active vomiting or diarrhea/abdominal pain
- The first 24 hours after beginning of antibiotic treatment
- Eyes that are red, swollen or draining
- Undiagnosed, new and untreated rash or skin condition

If a student becomes ill at school, they will be referred to the school nurse. There will be a designated space that will function as a sick room separate from the well room for anyone displaying signs or symptoms of COVID-19, including fever.

The ill student should leave the school as soon as possible. Based on the symptoms present, the ill individual should call his or her primary care provider and be tested for COVID.

Please pick up your child within one hour. If there are siblings of the ill child in school, siblings will be dismissed as well. Please provide 2 or 3 emergency contacts with updated phone numbers for each family in case the parent cannot answer the phone or leave work. Avoid having a high-risk individual pick up the child if possible. The person picking up the child must wear a mask in the school.

Again students and staff should stay home if ill.

If staff or student is diagnosed with COVID-19 through positive laboratory confirmed testing, return to school may occur after:

- Self-isolation at home for 14 days from the day symptoms started.
- AND
- Fever free for 24 hour without the use of fever-reducing medications.
 - A negative test will not be required for return to school.

COVID cases will be reported to the local Health Department. Individuals who are identified as contacts of a possible case should be excluded from school until the suspected case is confirmed positive or negative. If the suspected case has a negative test, then contacts can return to school. If the suspected case has a positive test, the contacts will be excluded from school and quarantine at home for 14 days after last exposure. Contacts of exposure can return to school if remain symptom free for the 14 day quarantine.

In a classroom or group setting (such as a sports team or other activity) when it is difficult to determine specific contacts, then quarantine may be recommended for the whole group or classroom, rather than limiting to a few know close contacts.

The school will notify the parents of children in the affected group or classroom.

The classroom where the exposure took place will be shut down for at least 24 hours for cleaning. Children who are not considered contacts (were not within 6 feet for >15 minutes) may be able to stay at school, but contacts will be immediately sent home.

